

**Title: HEALTH CHECKS**

**External/Internal Deliverer:** AUT – Clinical Sciences - Nursing

**Company contribution (\$/other):**

Two private large meeting rooms (to be able to accommodate two concurrent health screenings). Manage the appointment times. Time off work for employees to attend.

**How it works/Methodology:**

1. Company contacts Sally Britnell from AUT ([sally.britnell@aut.ac.nz](mailto:sally.britnell@aut.ac.nz)) to express interest
2. Company internally advertises for employees who are interested
3. Company organises appointment times
4. A copy of the company's risk register / hazard identification is provided for the area the appointments will occur
5. Nurses come on site and the checks are carried out

**Uptake:**

The nurses can do 6 checks per session. First session is 8.30am, 9.30am and 10.30am (2 appointments per session). Second session is 1pm, 2pm and 3pm.

**Implementation Issues resolved:**

The health data is confidential between the nurse and the employee. The notes are stored in a locked office at AUT

**Direct/Indirect costs:**

Indirect cost: 45 minutes per employee for the appointment

Indirect cost: Use of room for the on-site checks.

**Benefits:**

- Reduced absenteeism with employees managing their health better
- Health issues that employees may not be aware of brought to their attention
- The check is free for employees and the business

**Contact for more Information:**

Sally Britnell

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